

2011 INBF Canada Alberta Cup Pro Qualifier



**Entry fee: \$128.75
(including polygraph testing
fee);**

**Each additional class:
\$30.00**

**Please send your completed
entry form and your
certified cheque or money
order payable to INBF
Canada Inc. :**

Attn: Sherri Miller

**#10 Farmstead Ave, St.
Albert, AB, T8N-1V8**

Sherri_Miller27@Yahoo.ca

**Applications received later than
October 20th, 2011 will be
subject to a \$50.00 late fee.**

Saturday, October 29, 2011

Eva O'Howard Theatre

10210 108 Avenue Northwest

Edmonton, Alberta, T5H 1A8

(780) 426-3010

Prejudging 10:00 pm; Finals 5:00 pm.

Mandatory Competitors' Meeting/Weigh-ins: Friday, October 29th at 6:00pm at

Ramada Hotel and Conference Centre

11834 - Kingsway Ave,

Edmonton, Alberta T5G 3J5

D: (780) 453-7302 - C: (780) 860-7953 - F: (780) 453-7324

Host Hotel: Ramada Hotel and Conference Centre

11834 - Kingsway Ave,

Edmonton, Alberta T5G 3J5

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Eligibility:

Open to all amateur athletes who have a current **INBF card (\$50 USD)**. Athletes must also be **drug free seven (7) years** from the date of the show. Visit www.inbfcanada.com/forms/forms.php for a copy of the **Banned Substance List**.

To obtain an INBF membership card, dues in the form of a certified cheque or money order payable in US funds must be sent to INBF Inc. Visit www.inbfcanada.com/forms/forms.php for a copy of the **INBF membership application**. You may also submit your completed INBF membership application and dues (A separate certified cheque or money order in the amount of \$50 US payable to INBF Inc.) with this competitor registration form. Your INBF membership includes a one year subscription to Natural Bodybuilding & Fitness magazine.

In addition to having an INBF membership card, to be eligible to compete in any INBF Canada competition, competitors must

- 1. Successfully complete a polygraph test attesting to 7 year drug free status**
- 2. Complete and submit this competition entry form along with a signed & dated copy of the banned substance list.**
- 3. Obtain INBF membership card as outlined above;**
- 4. Pay all required competition entry fees as outlined below.**

Overall winners for the open classes in bodybuilding and figure will qualify for WNBF pro status (must be at least 5 competitors in the class). Masters winners will be qualified to compete in all WNBF Pro Masters events.

Every competitor is responsible for booking their own polygraph test. Contact Ken and Lesley Donaldson at lesleydon@shaw.ca no later than October 1st, 2011 to book your polygraph appointment. Polygraph testing will be done at the host hotel, Ramada Hotel and Conference Centre at 11834 - Kingsway Ave, on October 28th and 29th

Edmonton, Alberta Polygraph fee is \$78.75 including tax and is included in the entry fees as noted.

Please check the appropriate divisions and classes:

Open Bodybuilding Men: (90 sec posing routine) WNBF Pro Card -Overall	Lightweight – under 165 lbs Middleweight – 165 to 180lbs Heavyweight – 180 and up	Open Bodybuilding Women: (90 sec posing routine) WNBF Pro Card -Overall	Lightweight – under 118 lbs Middleweight – 118lbs and over
Masters BB Men:	Over 40 Over 50 Over 60	Masters BB Women:	Over 40 Over 50 Over 60
Junior BB Men:	21 years old & under		
Best Body: (Fitness model)	Height ___' ___"	Open Figure Women: WNBF Pro Card -Overall Masters Figure Women:	Height ___' ___" Over 35
Fitness Women (90 sec fitness routine)	Height ___' ___"	Mr. Fitness: (Male model)	Weight (lbs)

Name: _____ **Birth Date:** _____

Address: _____ **Postal Code:** _____

City: _____ **Province:** _____ **Email:** _____

Phone (home): _____ **(cell or work):** _____ **Titles:** _____

Gym: _____ **Acknowledgements:** _____

Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the International Natural Bodybuilding Federation, Inc. (INBF), Eva O'Howard Theatre

10210 108 Avenue Northwest

Edmonton, Alberta, T5H 1A8, World Natural Bodybuilding Federation, Inc. (WNBF), Mathew Park, Lael Sauter, Sherri Miller and any sponsors, agents, representatives and assigns for any injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2011 INBF Canada Alberta Cup, Saturday October 29th, 2011, or for any and all media coverage thereof. I understand that, in order to compete in an INBF-sanctioned event, I will be required to submit up to two (2) drug tests to validate a seven year abstinence from the use of any type of steroids, hormones, pro-hormones, prescription diuretics and any and all other compounds deemed illegal by the decision of the INBF concerning my participation in an INBF-sanctioned contest, pending the results of one or both tests, as well as my adherence to all INBF rules and regulations. Failure to pass INBF drug tests or failure to adhere to INBF rules and regulations will result in my expulsion from the competition in question, as well as loss of INBF eligibility for seven years. I also agree to submit any and all out-of-season testing required by INBF and agree to stand by the results of said testing, whatever it may be.

Agreed Signature: _____ Date: _____

Signature of Parent or Guardian (if under 18): _____

****Note:** Each competitor is responsible for supplying his/her own routine music. Please bring 2 copies (CD only) to be handed in at the mandatory competitor's meeting on Friday, October 28th. Each CD must contain ONLY the 90 second routine music.